YOU ARE IN THE DRIVERS SEAT:
NAVIGATING THE MEDICAL SYSTEM

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You are in the Drivers Seat

1. Knowledge is Power
2. Create a HEALTHcare Team
3. Be Your Best Advocate
4. Participate in Research

Knowledge

1. Educate yourself
2. Learn proper terminology
3. Use the internet
4. Questions and more Questions
5. Organize materials and resources
1. Anatomic location of chordoma – unique
2. Geographic Location of specialists

Medical Team
1. Create a Blueprint
2. Multiple Disciplines
3. At LEAST 3 opinions
4. Chordoma Foundation Navigation System
Chordoma Foundation Navigation System

Advocacy

1. Definition of Advocates
2. Personal Advocate
3. Professional Advocates
Participate in Research

1. Registry to Follow Chordoma Survivors
2. Chordoma Foundation BioBank
3. Clinical Trials

Take Home Message

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